



Official Contest Rules:
Healthy Kids Community Challenge
Kids Recipe Contest

The Timmins-Misiway Healthy Kids Community Challenge (Timmins-Misiway HKCC) is currently in its third theme, *Choose to Boost Veggies and Fruit*, which encourages children and their families to make vegetables and fruit a part of every meal and snack. This contest is being launched to promote kids' participation in food preparation and making healthy choices.

By entering the Contest, all entrants agree to abide by these Rules.

- 1) **Eligibility.** The Healthy Kids Community Challenge Kids Recipe Contest is open to residents of the City of Timmins who are in grades 1-8 as of the beginning of the Contest Period, and who are not an employee of or domiciled with an employee of Misiway Milopemahtesewin Community Health Centre (Misiway CHC) or the contest judges. No purchase necessary. The Contest is void elsewhere.
- 2) **Contest Period.** The Contest runs from August 30, 2017 at 12:01 am EST to October 13, 2017 at 4:00 pm EST ("Contest Period").
- 3) **How to Enter.** To enter the Contest, entrants must submit an original recipe using the Official Entry Form provided by Timmins-Misiway HKCC, indicate that they wish to enter the Contest, and provide contact information to Timmins-Misiway HKCC to enable Timmins-Misiway HKCC to contact the entrant if they win.
- 4) **Judging.** After the Contest Period is over, Misiway CHC will select the winners based on judging criteria outlined on the Official Entry Form. The winners will be notified by email. Only the selected winners will be notified. If Misiway CHC has not received a response from a selected winner within two weeks of when their entry was selected, that winner forfeits their prize, and an alternative winner may be selected. Misiway CHC accepts no responsibility for any responses that are misdirected or are not received due to spam or junk email filters or technical problems.
- 5) **Prizes.** A grand prize, 2nd place, 3rd place, and honourable mention will be awarded in each category depending on the number of qualified entries. Prizes may include any or all of: gift cards, cookbooks, kitchen tools, and/or aprons. Winning recipes will also be posted on the Timmins-Misiway HKCC website. Prizes must be accepted as awarded and are not transferable or otherwise redeemable for cash. The odds of winning the prize depend on the number of eligible entries received.
- 6) **Third Party Websites.** This Contest may be promoted through third party websites, like Facebook. Entrants must at all times comply with the terms of service for those third party websites when using them to participate in this Contest. This Contest is in no way sponsored, endorsed or administered by, or associated with, those third party websites.
- 7) **Liability.** By submitting an entry, entrants (or in the case of a minor, the entrants' parents or legal guardians) release and hold harmless Timmins-Misiway HKCC and/or Misiway CHC from any liability in connection with this Contest or participation in any Contest-related activities or, if declared a recipient of a prize, the use or misuse of the prize. Timmins-Misiway HKCC and/or Misiway CHC assumes no responsibility for any problems or technical malfunction of computer systems, servers,

access providers, computer equipment or software or failure of any entry or other communications to be received by Timmins-Misiway HKCC on account of technical problems.

- 8) **Publicity.** By submitting an entry, entrant grants Timmins-Misiway HKCC and/or Misiway CHC a license to copy and use that entry as it sees fit. By submitting an Entry, entrant consents to the use of his/her name, age, and/or likeness in any publicity carried out by the Timmins-Misiway HKCC and its promotional partners without further notice or compensation.
- 9) **Conditions.** If for any reason the Contest is not capable of being administered as planned, including without limitation, lack of sufficient number of entrants, infection by computer virus, tampering, fraud, technical failures, or any other causes which corrupt or affect the fairness, integrity or proper conduct of the Contest, or for any reason Timmins-Misiway HKCC deems, in its sole and absolute discretion, that the Contest is not meeting the expected goals, Timmins-Misiway HKCC may cancel, modify or terminate the Contest. Timmins-Misiway HKCC may disqualify any entrant for (a) tampering or attempting to tamper with the entry process or the operation of the Contest or (b) violating these Contest Rules.

Release and Consent

By checking off the “I agree” box and signing and submitting the Official Entry Form, I acknowledge that I, the parent or guardian, have read, understand and agree that I and my child will abide by the Contest Rules governing the Healthy Kids Community Challenge Kids Recipe Contest (as set out in these Official Contest Rules and the Official Entry Form) and certify that all information contained in the completed Official Entry Form is true and accurate.

I, the parent or guardian of the minor identified on the Official Entry Form, agree that s/he may participate in the Healthy Kids Community Challenge Kids Recipe Contest. I have read this Release and Consent and understand the contents. I understand that by giving this Consent, I am permitting Timmins-Misiway HKCC and/or Misiway CHC to use and disclose my child’s personal information for purposes related to the Contest.

By checking off the “I agree” box and signing and submitting the Official Entry Form, you agree that:

- a) you have read and understood the Official Contest Rules;
- b) you or your child’s Recipe is an Original Work. Original Work means that the Recipe has been originally and lawfully created by you or your child, and the use, modification or reproduction of the Recipe by Timmins-Misiway HKCC and/or Misiway CHC will not give rise to any third party claims for infringement or violation of copyright, trademark or any other right of any third party, or to any third party claims including libel, defamation, violation of privacy or contract breach;
- c) you have obtained all necessary permissions, consents, licenses or other approvals of any and all team members, and third parties necessary or appropriate for the preparation or use of the Recipe;
- d) you release Timmins-Misiway HKCC and/or Misiway CHC from any liability in connection with participating in this contest or preparation or use of the Recipe;
- e) you agree to indemnify Timmins-Misiway HKCC and/or Misiway CHC for any liability and all reasonable costs arising from any third party action, claim or proceeding commenced against Timmins-Misiway HKCC and/or Misiway CHC as a result of your participation in this contest, including in relation to the preparation or use of the Recipe; and

- f) you grant Timmins-Misiway HKCC and/or Misiway CHC unrestricted use and reproduction rights (including copying and modifying) of the Recipe for any purpose, without compensation.

Entry Information:

1. Each contestant may submit multiple entries. Each submission must be accompanied by a separate Official Entry Form. Team submissions are permitted but only one Official Entry Form may be used and only one prize will be awarded. Entries can be submitted by email using the PDF Official Entry Form, or by mail or in-person. Submissions may be in English or French.
2. Your completed Official Entry Form must accompany your submission. All entries must be clearly labelled with your Recipe name, entrant's name, mailing address, telephone number, and parent and/or legal guardian contact information, including email address.
3. No entries will be returned. All entries become the sole property of Timmins-Misiway HKCC and Misiway CHC.
4. Submissions must be received by Misiway CHC before 4:00 p.m. EST on October 13, 2017.
5. Submission information:

To mail your submission or submit in-person, please send to:

Healthy Kids Community Challenge Kids Recipe Contest
Misiway Milopemahtesewin CHC
130 Wilson Avenue
Timmins, ON P4N 2S9

To email your submission, please send to: mmizzau@misiway.ca