

Please complete this package so that we may process your request to become a patient of Misiway Milopemahtesewin Community Health Centre's Primary Care clinic.

The completion of this package begins our New Patient Intake process. If our Health Care Providers are not able to accommodate new patients, you may be waitlisted until an opening is available.

We will contact you to book an intake appointment, during which the Registered Nurse will review your information and discuss our processes and programs, including the **minimal prescription of narcotics** through our chronic pain management program, medication refills and our zero-tolerance policy. The Nurse will then work with our team to determine the best Provider for your health care needs; you will be notified about your Primary Care Provider by telephone, and invited to book your first appointment.

**Failure to attend intake appointments will result in closure of your application.** You will be asked to reapply, and be required to wait for your package to be reviewed prior to an appointment booking.

Please note that our Primary Care Providers are unable to complete documents such as ODSP forms without first having an established relationship with you over multiple appointments.

Thank you

Meegwetch



**Misiway Milopemahtesewin Community Health Centre**  
130 Wilson Ave., Timmins, Ontario P4N 4R5 Phone: 705-264-2200 Fax: 705-267-5688

## New Client Intake Form

### Demographics

Please complete this entire questionnaire. It will provide your care team with important information about your health. All answers contained in this questionnaire are strictly confidential and will become part of your medical record.

Name (Last, First, M.I.) \_\_\_\_\_

Date of Birth: (DD,MM,YYYY) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Alternate Number: \_\_\_\_\_

Health Card Number: \_\_\_\_\_ Version Code: \_\_\_\_\_ Expiry: \_\_\_\_\_

Status Card Number: \_\_\_\_\_ Band Name: \_\_\_\_\_

Spoken Language: \_\_\_\_\_ Religion: \_\_\_\_\_

Race/Ethnic Origin: (circle) First Nation Metis Other \_\_\_\_\_

Country of Origin: (circle) Canada Other \_\_\_\_\_

Sex:  Male  Female Marital Status:  Single  Married  Separated  Divorced  Widowed

Living Arrangement: Alone Family: Spouse Children Parents Siblings

Extended Family Friends Foster Family Boarding Home

### IN CASE OF EMERGENCY:

Contact Name(s): \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Name of pharmacy you use: \_\_\_\_\_

Do you currently have a healthcare provider? YES NO

If yes, please provide name of health care provider \_\_\_\_\_

Are you currently pregnant? YES NO If yes, estimated due date? \_\_\_\_\_

Have you ever been a client of Misiway? YES NO

If yes, who was your primary health care provider? \_\_\_\_\_

Date of last physical exam: \_\_\_\_\_

**Personal Health History**

**Childhood Illness:**  Measles  Mumps  Chickenpox  Rheumatic Fever  Polio  None

**Immunizations and Dates:**  Tetanus \_\_\_\_\_  Pneumonia \_\_\_\_\_  Hepatitis A \_\_\_\_\_

Chickenpox \_\_\_\_\_  Influenza \_\_\_\_\_  MMR *Measels, Mumps, Rubella* \_\_\_\_\_

Meningococcal \_\_\_\_\_  None \_\_\_\_\_

**Tests/Screenings and Dates:**  Eye Exam \_\_\_\_\_  Colonoscopy \_\_\_\_\_  Lab Testing \_\_\_\_\_

Meningococcal \_\_\_\_\_  Tuberculosis (TB) Skin test or chest X-ray \_\_\_\_\_

**Surgeries:**

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

**Other Hospitalizations:**

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Year: \_\_\_\_\_ Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

I have never been hospitalized

**Have you ever had a blood transfusion?**  Yes  No

**Please list other physicians you have seen in the last 12 months, and for what reason.**

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**Your Medical History**

Please indicate if **YOU** have a history of the following:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Alcohol Abuse           | <input type="checkbox"/> Bowel Disease     | <input type="checkbox"/> Seizures/Convulsions                                     |
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Breast Cancer     | <input type="checkbox"/> Severe Allergy   |
| <input type="checkbox"/> Anesthetic Complication | <input type="checkbox"/> Cervical Cancer   | <input type="checkbox"/> Sexually Transmitted Disease                             |
| <input type="checkbox"/> Anxiety Disorder        | <input type="checkbox"/> Colon Cancer      | <input type="checkbox"/> Skin Cancer  |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Depression        | <input type="checkbox"/> Stroke/CVA of the Brain                                  |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Diabetes          | <input type="checkbox"/> Suicide Attempt  |
| <input type="checkbox"/> Autoimmune Problems     | <input type="checkbox"/> Migraines         | <input type="checkbox"/> Thyroid Problems   |
| <input type="checkbox"/> Birth Defects           | <input type="checkbox"/> Osteoporosis      | <input type="checkbox"/> Ulcer  |
| <input type="checkbox"/> Bladder Problems        | <input type="checkbox"/> Pain/Chronic Pain | <input type="checkbox"/> Visual Impairment  |
| <input type="checkbox"/> Bleeding Disease        | <input type="checkbox"/> Prostate Cancer   | <input type="checkbox"/> Other Disease, Cancer, or<br>Significant Medical Illness |
| <input type="checkbox"/> Blood Clots             | <input type="checkbox"/> Rectal Cancer     | <input type="checkbox"/> NONE of the Above  |
| <input type="checkbox"/> Blood Transfusion(s)    | <input type="checkbox"/> Reflux/GERD       |   |

**List other past medical problems:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Medications, Nutritional Restrictions and Supplements

**Medications** – Please list all medications (prescription and over the counter) you are currently taking.

Medication	Physician Contact#	Length of Time	Dose	Frequency
<i>For example:</i> Ibuprofen	OTC	1 Week	400 mg	2 x day

- I take no medications, vitamins, herbals or any over the counter preparations.
- Additional medications listed on back of questionnaire.
- I give authorization for Misiway CHC to call my pharmacy to request an up to date list of my medications.

### Allergies

Name: \_\_\_\_\_ Reaction you had: \_\_\_\_\_

- I have no known **drug** allergies.

### Nutrition Restrictions:

- Lactose intolerance                       Salt Restricted                       Other food intolerances/allergies: \_\_\_\_\_
- Religious (Kosher, Halal, etc.)               Vegan Diet
- Vegetarian Diet                                   Gluten-free Diet

**Nutritional Supplements** – Please use the chart below to list all vitamins, minerals, amino acids, or other supplemental products (meal replacement drinks, bars, etc.) you are currently taking.

Supplement	Brand	Form	Dose/Frequency	Length of Time
<i>For example:</i> Vitamin E	<i>Nature's Made</i>	<i>Soft Gel Cap</i>	<i>400IU 1 X day</i>	<i>6 months</i>

### Family Medical History

Please indicate if **YOUR FAMILY** has a history of the following: (*ONLY include parents, grandparents, siblings and children*)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> I am adopted and do not know biological family history | <input type="checkbox"/> Depression               | <input type="checkbox"/> Seizures/Convulsions   |
| <input type="checkbox"/> Family History Unknown                                 | <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Severe Allergy   |
| <input type="checkbox"/> Alcohol Abuse  | <input type="checkbox"/> Heart Disease            | <input type="checkbox"/> Stroke/CVA of the Brain  |
| <input type="checkbox"/> Anemia   | <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Thyroid Problems   |
| <input type="checkbox"/> Anesthetic Complication                                | <input type="checkbox"/> High Cholesterol         | <input type="checkbox"/> Mother, Grandmother, or Sister developed heart disease before the age of 65  |
| <input type="checkbox"/> Arthritis  | <input type="checkbox"/> Kidney Disease           | <input type="checkbox"/> Father, Grandfather, or Brother developed heart disease before the age of 55 |
| <input type="checkbox"/> Asthma   | <input type="checkbox"/> Leukemia                 | <input type="checkbox"/> NONE of the Above  |
| <input type="checkbox"/> Bladder Problems                                       | <input type="checkbox"/> Lung/Respiratory Disease |   |
| <input type="checkbox"/> Bleeding Disease                                       | <input type="checkbox"/> Migraines                |   |
| <input type="checkbox"/> Breast Cancer  | <input type="checkbox"/> Osteoporosis             |   |
| <input type="checkbox"/> Colon Cancer   | <input type="checkbox"/> Other Cancer             |   |
|   | <input type="checkbox"/> Rectal Cancer            |   |

### Social History

#### Exercise

Do you exercise? ..... Y N

If yes, how many minutes per week? \_\_\_\_\_

#### Diet

Are you dieting? Y N If yes, are you on a physician prescribed medical diet? Y N

Number of meals you eat in an average day? \_\_\_\_\_

Rank salt intake  Hi  Med  Low

Rank fat intake  Hi  Med  Low

Caffeine  None  Coffee  Tea  Cola Number of cups/cans per day? \_\_\_\_\_ Do

you drink alcohol?..... Y N

**Alcohol**

If yes, what kind? \_\_\_\_\_ How many drinks per week? \_\_\_\_\_

Are you concerned about the amount you drink?..... Y N

Have you considered stopping?..... Y N

Have you ever experienced blackouts?..... Y N

Are you prone to "binge" drinking?..... Y N

Do you drive after drinking?..... Y N

**Tobacco**

Do you use tobacco?..... Y N

Cigarettes – pks./day \_\_\_\_\_ or pks./week \_\_\_\_\_

Chew - #/day \_\_\_\_\_  Pipe - #/day \_\_\_\_\_  Cigars - #/day \_\_\_\_\_

Number of years \_\_\_\_\_  Previous tobacco user - year quit \_\_\_\_\_

**Drugs**

Do you currently use recreational or street drugs?..... Y N

If yes, which drugs are you using? \_\_\_\_\_

Have you ever given yourself street drugs with a needle? ..... Y N

I prefer to discuss with the physician

**Sex**

Are you sexually active?..... Y N

If yes, are you and your partner trying for a pregnancy? ..... Y N

If not trying for a pregnancy list contraceptive or barrier method used: \_\_\_\_\_

Any discomfort with intercourse?..... Y N

Illness related to Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse.

Would you like to speak with your provider about your risk of this illness?..... Y N



### Mental Health

- Is stress a major problem for you? ..... Y N
- Do you feel depressed? ..... Y N
- Do you panic when stressed? ..... Y N
- Do you have problems with eating or your appetite?..... Y N
- Do you cry frequently?..... Y N
- Have you ever attempted suicide? ..... Y N
- Have you ever seriously thought about hurting yourself? ..... Y N
- Do you have trouble sleeping? ..... Y N
- Have you ever been to a counselor?..... Y N

### Section 3 – Symptom Review

Circle the symptoms that you are experiencing.

#### General

Weight Change  
Fever  
Fatigue  
Chills  
Night Sweats  
Appetite Change  
Sleep Problems

#### Skin

Itching Rash  
Mole Change  
Hair Change  
Colour Change  
Non-healing sores

#### Eyes

Vision Change  
Double Vision  
Pain  
Spots/Floaters  
Itching  
Watering  
Redness

#### Ears

Ear Pain  
Hearing Loss  
Use of Hearing Aid  
Ringing in Ears

#### Nose

Nose bleeds  
Congestion  
Runny Nose  
Itching  
Sinus Problems

#### Mouth, Throat

Teeth problems  
Mouth Sores  
Sore Throat  
Difficulty Swallowing  
Hoarseness

#### Neck

Lump  
Swollen Glands  
Pain

#### Breasts

Lump  
Pain  
Nipple Discharge

#### Heart/Vessels

Chest Pain  
Swelling feet/legs  
Palpitations  
Murmur  
Calf pain with walking  
Varicose Veins  
Easy Bruising/Bleeding

#### Stomach

Heartburn  
Nausea/Vomiting  
Diarrhea  
Constipation  
Bowel Changes  
Bloody Stools  
Abdominal Pain  
Excessive gas/belching  
Hemorrhoids

**Urinary**

Burning  
Frequent Urination  
Painful Urination  
Blood in Urine  
Reduced Urine Flow  
Hesitancy  
Dribbling  
Wake up to urinate  
Incontinence

**Muscle/Skeletal**

Joint Pain  
Joint Swelling  
Joint Redness  
Neck Pain  
Back Pain  
Muscle Pain

**Neurological**

Paralysis  
Seizures  
Fainting  
Muscle weakness  
Balance Problems  
Coordination Problems  
Numbness  
Tremors  
Memory Changes  
Headache

**Emotional**

Depression  
Trouble Sleeping  
Nervousness  
Anxiety  
Stress  
Trouble Concentrating

**Female Reproductive**

Abnormal Vaginal Bleeding  
Hot Flashes/Night Sweats  
Problems with sex  
Vaginal Discharge  
Vaginal Dryness  
Vaginal Itching  
Painful Intercourse  
Painful Periods  
Irregular Periods  
PMS  
Genital sores

**Male Reproductive**

Discharge from penis  
Sores on penis  
Testicular Pain  
Testicular Lump  
Problems with Sex  
Erection Problems  
Prostate Problems

**Section 4 – Other Information**

**Your healthcare provider needs to know:**

Do you have any religious or cultural beliefs that may impact your healthcare?..... Y N

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

I learn new information best by: Verbal instructions Written instructions Pictures

Level of education completed: Less than High School High School diploma or GED

1-4 years of Post-Secondary Education  >4 years Post-secondary Education

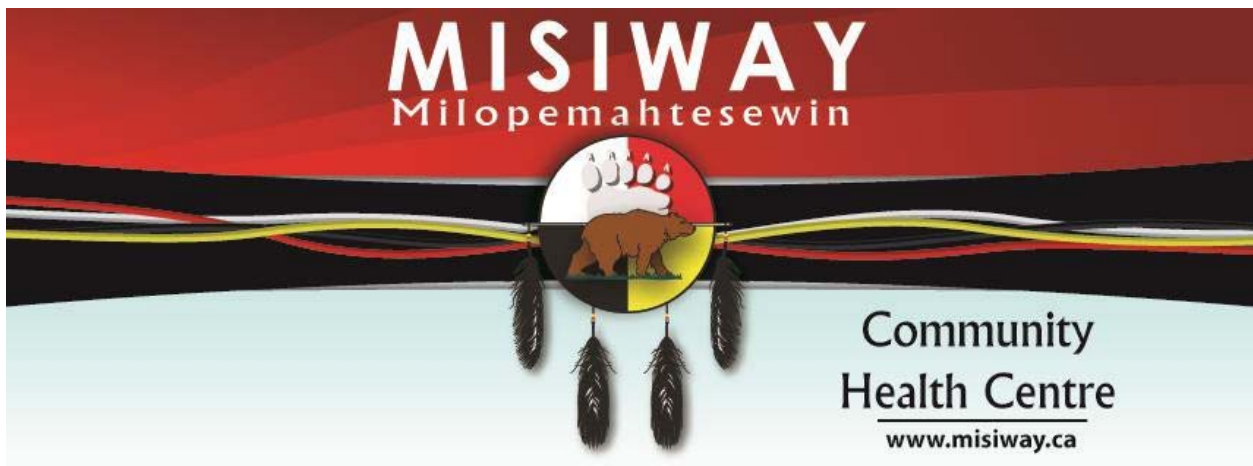
I understand English well. Y N If no, what language do you prefer? \_\_\_\_\_

I have read and understand the following attached documents: No-show Policy, Prescription Refill Policy.

Patient’s Signature: \_

Date: \_

Reviewed By: \_\_\_\_\_ Date: \_\_\_\_\_



## **PRESCRIPTION RENEWAL NOTICE**

Please note that prescription requests will not be taken over the phone. You are required to call your local pharmacist and request that your prescription renewal be faxed to our office.

Kindly remember, we require up to **two weeks notice** for all prescription renewals.

Thank you for your cooperation.

Meegwetch!