



Misiway Milopemahtesewin

130 Wilson Avenue,
Timmins, Ontario P4N 2S9

Tel: (705) 264-2200

Fax: (705) 264-2243

info@misiway.ca

www.misiway.ca

Misiway Milopemahtesewin

Background for Candidates interested in joining the Board of Directors

This document provides guidelines for board composition, attributes for policy governance and responsibilities for the Misiway Milopemahtesewin Community Health Centre (Misiway) Board of Directors that you should consider when deciding if you are a good candidate for the Board of Directors.

Mission, Vision and Values:

We are looking for Board members who are committed to striving to achieve the Mission, Vision and Values of Misiway Milopemahtesewin. Misiway is committed to Indigenous Health in Indigenous Hands and to being an agent of change that addresses systemic barriers to Living a Good Life.

Vision

Strengthening the Health and Wellbeing of our Community through leadership in the reclamation of Traditional Teachings and integrating Indigenous and non-Indigenous approaches to Wellness.

Mission

Misiway Milopemahtesewin is dedicated to promoting a holistic approach to achieving wellness which encourages individuals to:

- Balance and integrate their physical, mental, emotional and spiritual aspects
- Establish respectful, cooperative relationships with others and the environment
- Make wellness-oriented lifestyle choices
- Actively participate in one's own health decisions and healing processes

Misiway provides programs and services which support and promote Indigenous values and healing practices also complemented by non-Indigenous healing practices and methods.

Goals

- Our Indigenous Culture and Traditions are reflected in all services and programs offered through our centre.
- We are a safe, welcoming environment where people come to learn and heal.
- Our practice includes a holistic approach to health and wellbeing, drawing from the Medicine Wheel teachings as a guide.
- Our team members are kind and respectful, connecting people to expertise in both Indigenous and non-Indigenous ways of healing.
- We actively engage in relationship building throughout our catchment to share knowledge and secure support to help meet the needs of people we serve.
- We celebrate different ways of knowing and share what we have learned with others
- We offer land-based programming during all four seasons that promote reclamation of Traditional Lifestyle skills and Indigenous Healing practices, bringing families and friends together to learn and heal.
- We are recognized as leaders in Healing Trauma and Addictions through land-based approaches and traditional therapies that help individuals to draw from their inner spirit for healing.

Values & Beliefs

- Our values are drawn from Traditional Indigenous Teachings that guide both our approach to service delivery and our behaviours.
- The four core values of the Medicine Wheel teachings namely Caring, Sharing, Kindness and Respect ensure our approach to service is holistic and balanced.
- The Seven Grandfather Teachings of Wisdom, Love, Respect, Courage, Honesty, Humility and Truth guide our behaviors when providing care. Incorporating cultural teachings and healing practices into the work that we do helps us to better connect and understand the needs of our clients.